



2024 Student - School Climate, Safety and Wellness

School Climate, Safety and Wellness Inventory (9th-12th Grades)

We want to know how you are doing and how you feel about your school! This survey is anonymous, so no one will see your individual answers. Please give us your honest opinions so that we can better understand your experience and work to make your school a better place. Some of the questions are about sensitive topics like bullying, mental health, and safety. If you think you might have difficulty doing this survey, please let your teacher know.

School Climate and Culture

In this section, we would like to understand how you feel about your school.

1. How excited are you about going to your classes?

- Not at all excited Slightly excited Somewhat excited Quite excited Extremely excited

2. How often do your teachers seem excited to be teaching your classes?

- Almost never Once in a while Sometimes Frequently Almost always

3. Overall, how high are your teachers' expectations of you?

- Not high at all Slightly high Somewhat high Quite high Extremely high

4. How connected do you feel to the adults at your school?

- Not at all connected Slightly connected Somewhat connected Quite connected Extremely connected

5. How much do you matter to others at this school?

- Do not matter at all Matter a little bit Matter somewhat Matter quite a bit Matter a lot

6. How positive or negative is the energy of the school?

- Very negative Somewhat negative Neither negative nor positive Somewhat positive Very positive

7. How pleasant or unpleasant is the physical space at your school?

- Very unpleasant Somewhat unpleasant Neither pleasant nor unpleasant Somewhat pleasant Very pleasant

8. How much respect do students in your school show you?

- No respect at all A little bit of respect Some respect Quite a bit of respect A lot of respect



9. At your school, how unfairly do the adults treat the students?

- Not at all unfairly
 Slightly unfairly
 Somewhat unfairly
 Quite unfairly
 Extremely unfairly

10. How fair or unfair are the rules for the students at your school?

- Very unfair
 Somewhat unfair
 Neither unfair nor fair
 Somewhat fair
 Very fair

11. At your school, how much does the behavior of other students hurt or help your learning?

- Hurts my learning a lot
 Hurts my learning a little bit
 Neither helps nor hurts my learning
 Helps my learning a little bit
 Helps my learning a lot

12. How often do you have opportunities to demonstrate your understanding in a way that's different from a test or quiz?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

13. Have you had an opportunity to make a difference at your school about something that matters to you?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

14. My school tries to involve all families in school activities.

- Strongly Disagree
 Disagree
 Neutral
 Agree
 Strongly Agree

15. How well do people at your school understand you as a person?

- Do not understand at all
 Understand a little
 Understand somewhat
 Understand quite a bit
 Completely understand

16. Overall, how much do you feel like you belong at your school?

- Do not belong at all
 Belong a little bit
 Belong somewhat
 Belong quite a bit
 Completely belong

Supportive Relationships

Please tell us about supportive relationships in your life.

17. How many of your teachers are respectful towards you?

- None of my teachers
 A few of my teachers
 About half of my teachers
 Most of my teachers
 All of my teachers

18. If you walked into class upset, how many of your teachers would be concerned?

- None of my teachers
 A few of my teachers
 About half of my teachers
 Most of my teachers
 All of my teachers



19. If you came back to visit class three years from now, how many of your teachers would be excited to see you?

-
- None of my teachers A few of my teachers About half of my teachers Most of my teachers All of my teachers

20. When your teachers ask how you are doing, how many of them are really interested in your answer?

-
- None of my teachers A few of my teachers About half of my teachers Most of my teachers All of my teachers

21. How many of your teachers would you be excited to have again in the future?

-
- None of my teachers A few of my teachers About half of my teachers Most of my teachers All of my teachers

22. Do you have a teacher or other adult from school who you can count on to help you, no matter what?

-
- No Yes

23. Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

-
- No Yes

24. Do you have a friend from school who you can count on to help you, no matter what?

-
- No Yes

25. Do you have a teacher or other adult from school who you can be completely yourself around?

-
- No Yes

26. Do you have a family member or other adult outside of school who you can be completely yourself around?

-
- No Yes

27. Do you have a friend from school who you can be completely yourself around?

-
- No Yes

School Safety

These questions are about how safe and respected you feel at your school.

28. I feel safe at my school.

-
- Strongly Disagree Disagree Neutral Agree Strongly Agree



29. I know what to do in case of an emergency at my school.

No Yes

30. How often are people disrespectful to others at your school?

Almost never Once in a while Sometimes Frequently Almost always

31. How often do students get into physical fights at your school?

Almost never Once in a while Sometimes Frequently Almost always

32. How likely is it that someone from your school will bully you online?

Not at all likely Slightly likely Somewhat likely Quite likely Extremely likely

33. How often do you worry about violence at your school?

Almost never Once in a while Sometimes Frequently Almost always

34. For bus riders: I feel safe when I ride the school bus.

Strongly disagree Disagree Neutral Agree Strongly agree I do not ride the bus to school.

35. If you walk or ride your bike to school: I feel safe on my way to school.

Strongly disagree Disagree Neutral Agree Strongly agree I do not walk or ride my bike to school.

36. If a student is bullied in school, how difficult is it for them to get help from an adult?

Not at all difficult Slightly difficult Somewhat difficult Quite difficult Extremely difficult

Cultural Awareness

37. How often do teachers encourage you to learn about people from different races, ethnicities, or cultures?

Almost never Once in a while Sometimes Frequently Almost always

38. How often do you think about what someone of a different race, ethnicity, or culture experiences?

Almost never Once in a while Sometimes Frequently Almost always



39. How confident are you that students at your school can have honest conversations with each other about race?

- Not at all confident Slightly confident Somewhat confident Quite confident Extremely confident

40. At your school, how often are you encouraged to think more deeply about race-related topics?

- Almost never Once in a while Sometimes Frequently Almost always

41. How comfortable are you sharing your thoughts about race-related topics with other students at your school?

- Not at all comfortable Slightly comfortable Somewhat comfortable Quite comfortable Extremely comfortable

42. How often do students at your school have important conversations about race, even when they might be uncomfortable?

- Almost never Once in a while Sometimes Frequently Almost always

43. When there are major news events related to race, how often do adults at your school talk about them with students?

- Almost never Once in a while Sometimes Frequently Almost always

44. How well does your school help students speak out against racism?

- Not at all well Slightly well Somewhat well Quite well Extremely well

45. Students at my school are respected and valued regardless of race/ethnicity, gender identity/expression, sexual orientation, income level, learning differences, or any other differences.

- Strongly disagree Disagree Neutral Agree Strongly Agree

46. During the past 12 months, how often have you been treated differently at school because of your race or ethnicity?

- Never Rarely Sometimes Most of the time Always

Health and Wellbeing

These questions are about your overall health and wellness.

47. During the past 12 months, how many times have you moved?

- I have moved 0 times I have moved 1 time I have moved 2-4 times I have moved 5 or more times



48. During the past 12 months, have you or your family worried about a place to live?

No Yes

49. During the past 30 days, how often did you go hungry because there was not enough food in your home?

Never Rarely Sometimes Most of the time Always

50. My family expects me to attend school every day.

Strongly Disagree Disagree Neutral Agree Strongly Agree

51. During a typical day, how many hours do you spend on a media device for a purpose other than homework (for example phone, gaming system, computer, laptop/tablet)?

Less than 1 hour Between 1-3 hours Between 3-6 hours 6 or more hours

52. How often can you use your phone, computer or other media devices without any rules by your parents/guardians?

Almost never Once in a while Sometimes Frequently Almost always

53. The new cell phone policy has improved the school environment.

Strongly disagree Disagree Neutral Agree Strongly agree

54. On an average school night, how many hours of sleep do you get?

4 or less 5-6 hours 7-8 hours 9-10 hours

Mental Health

These questions are about your mental health and emotional safety.

55. I feel safe to express who I am at my school.

Strongly Disagree Disagree Neutral Agree Strongly Agree

56. I would tell an adult at school if I was worried about my safety.

No Yes

57. I would tell an adult at school if I was worried about a friend's safety.

No Yes



58. I would feel comfortable seeking help for my mental health at school.

No Yes

59. During the past 12 months, did you ever feel so sad or hopeless, almost every day for two weeks or more in a row, that you stopped doing some usual activities?

No Yes

60. During the last 12 months, how often does feeling sad, hopeless, worried or anxious prevent you from wanting to come to school?

Almost never Once in a while Sometimes Frequently Almost always

61. During the past 12 months, have you been concerned enough about your weight or body image that you have engaged in self-destructive behaviors?

No Yes

62. During the past 12 months, have you ever hurt or injured yourself on purpose (without meaning to end your life)?

No Yes

63. During the past 12 months, have you ever seriously considered attempting suicide?

No Yes

64. During the past 12 months, if you have ever seriously thought about attempting suicide, did you tell anyone about these thoughts? (check all that apply)

No, I did not tell anyone Yes, a friend Yes, counselor or interventionist Yes, an adult at school other than a counselor or interventionist Yes, someone outside of school I have never seriously thought about attempting suicide

65. During the past 12 months, have you ever attempted suicide?

No Yes

66. During the past 12 months, have you experienced cyberbullying - for example, has someone used the computer, the internet, a cell phone, or other device to do something mean or hurtful to you on purpose?

No Yes: 1 time Yes: 2-5 times Yes: 6 or more times



67. During the past 12 months have other students threatened, harassed or hurt you one or more times on school property?

No

Yes: 1 time

Yes: 2-5 times

Yes: 6 or more times

68. I have the knowledge and resources to keep myself safe in relationships.

Strongly Disagree

Disagree

Neutral

Agree

Strongly Agree

69. During the past 12 months, have you been physically hurt on purpose by someone you were dating or going out with?

No

Yes

I have not dated
anyone in the past 12
months

Drugs, Alcohol and Tobacco

These questions are about drugs, alcohol and tobacco. Your answers are completely anonymous, so please answer honestly.

70. During the past 30 days, how many days have you used tobacco/nicotine products (cigarettes, pouches, chewing tobacco, etc.)?

0 times

Less than 5 days

5-10 days

More than 10 days

71. During the past 30 days, how many days have you used electronic vape products?

0 times

Less 5 days

5-10 days

More than 10 days

72. During the past 30 days, how many days have you had at least one drink of alcohol?

0 times

Less than 5 days

5-10 days

More than 10 days

73. During the past 30 days, how many days have you used marijuana/THC products (this includes smoking, consuming edibles, and cartridges/vaping, dabbing, tinctures etc.)?

0 times

Less than 5 days

5-10 days

More than 10 days

74. During the past 30 days, how many days have you used medication that was not prescribed to you or used it not as directed with the intention of getting of high (this includes over the counter medication and prescription medication)?

0 times

Less than 5 days

5-10 days

More than 10 days

75. What percentage of your friends use marijuana/THC products on at least a weekly basis?

0 percent

10-25%

25-50%

50-100%



76. What percentage of your friends drink alcohol on at least a weekly basis?

- 0 percent 10-25% 25-50% 50-100%

77. How wrong do you think it is for someone your age to drink alcohol?

- Very wrong Wrong Neutral A little wrong Not wrong at all

78. How wrong do you think it is for someone your age to use marijuana? THC products?

- Very wrong Wrong Neutral A little wrong Not wrong at all

79. How wrong do your parents or guardians feel it would be for you to drink alcohol?

- Very wrong Wrong Neutral A little wrong Not wrong at all

80. If you wanted alcohol, marijuana, nicotine or electronic vape products or any other drugs, how easy would it be to get on school property?

- Very hard Hard Neutral Easy Very Easy

81. Have you ever done anything while drunk or high that you later regretted?

- No Yes I have not been drunk or high

82. How often do you see students driving or riding in a car or other vehicle while under the influence of drugs or alcohol?

- Never Once in a while Sometimes Frequently Often

83. If you used alcohol, marijuana or other drugs in the past 12 months, what are the reasons you used them? (Check all that apply)

- I have not used substances Because I was curious To take my mind off my problems To be more social To have fun To help me sleep

84. Where would you go for the best information about the risks of drugs and alcohol? (Check all that apply)

- Internet / Social Media School Health Class Friends Parents Medical Provider

85. I would like my school to help me learn more about the following (Check all that apply):

- Drug and alcohol education Mental health supports Technology use Stress management Healthy relationships



Background Questions

We need to know some background information about you so that we can describe the types of students who completed these questions.

86. What is your gender?

- Female Male Non-Binary Prefer Not to Answer

87. What grade are you in?

- 6 7 8 9 10 11 12 12+ / GED

88. What is your race or ethnicity?

- American Indian / Alaska Native Asian Black/African American (Not Hispanic) Hispanic / Latino / Latina Native Hawaiian / Pacific Islander White/Caucasia Multiple Races / Multiracial Not Listed Above

89. Is English your first language?

- No Yes

90. Are you involved in any extracurricular activities at your school?

- No Yes

91. Are you involved in any extracurricular activities outside of school? (club sports, youth groups, etc.)

- No Yes

92. Do you receive gifted and talented (GT) services and/or have an advanced learning plan (ALP)?

- No Yes

93. Do you receive special education services?

- No Yes Prefer Not to Answer

THANK YOU!

Thank you for sharing your feedback with us! Please remember that there are people at school to support you if you need help with a problem. You can ask a teacher for help, or request to talk to a School Counselor, Psychologist or Social Worker.