

Apr 15, 2025 | 📅 Wellness Committee Meeting

Attendees: Jessica Gould Emily Gustafson Angela Christensen Alissa Powell
Jo Fountain Leslie Levine Logan Meier Misty Fritz Teresa Burden Jason Hill
Leslie Skundberg Leah Schwarzrock

Notes

- Board Update: Increased graduation requirements.
- BOE Presentation - May 8, 2025
 - Board Policy
 - Committee members
 - Committee Focus
 - Recruitment - aiming for more principal and student involvement next year
 - Alternative rewards
 - Standardizing Wellness Initiatives to push out throughout the year while letting schools maintain some autonomy on things they already do that align with these initiatives.
 - Wellness Champions
- Move to School Initiative
 - Meetings with Elementary & Secondary schools ahead of time to highlight what they may already be doing
 - Secondary meeting - much more focused on bike safety & e-bikes
 - Elementary meetings - shared different things schools are doing
 - Ex. Plans for bussed students to take a lap around the playground, dance breaks throughout the day, etc.
 - Priority is safety
 - Info highlighting safety
 - Seeing how it goes this first year and then growing based on feedback
 - Including info on bike locks and the importance of crosswalks
- Meetings for next year
 - Quarterly meetings starting half an hour later to accommodate schedules
 - May have additional ad-hoc meetings with Wellness Champions to complete initiative-specific work
 - Sharing best practices with committee

Action items

- ☐ Finalizing Move to School documents/communication with Communications Department
- ☐ Sending calendar invites for next year's meetings